

# Block of the Month

by Debbie Mumm

# Country Calendar



**DEBBIE  
MUMM**

# Country Calendar Quilt

Finished Size: 39½" x 49"

The scene outside your window changes with every month of the year. Quilt your way through the year with an appliqué design for every month. Add a striking pieced lattice that goes together in no time at all to create a beautiful family heirloom. Read all instructions before beginning and use ¼" seams throughout.

## Fabric Requirements

**Fabric A** (Lattice) ⅝ yard

**Fabric B** (Background Squares)

¼ yard (or 8" square)

each of twelve fabrics

**Fabric C** (Lattice Triangles) ⅓ yard

**Fabric D** (Lattice Corner Squares)

¼ yard

**Accent Border** - ¼ yard

**Wide Border** - ½ yard

**Corner Squares** - ⅓ yard

(or 3½" x 16" strip)

**Binding** - ½ yard

**Backing** - 2⅝ yards

**Lightweight Batting** - 46" x 55" piece

**Fusible Web** - 1½ yards

**Appliqué Pieces & Yo-yos**

Coordinated scraps

or ⅛ to ¼ yard pieces

**Notions** - Embroidery floss, assorted buttons, silk ribbon,

permanent fine-point felt pen, red pencil

## Cutting the Strips & Pieces

Pre-wash and press fabrics. Using rotary cutter and see-through ruler, cut the following strips and pieces. If indicated, some strips will be cut again into smaller strips or pieces. The approximate width of the fabric is 42". Measurements for all pieces include ¼" seam allowance.

**Fabric A** (Lattice) Seven 2½" x 42" strips, cut into

Thirty-one 2½" x 8" strips

**Fabric B** (Background Squares)

One 8" square each of twelve fabrics

**Fabric C** (Lattice Triangles) Four 2½" x 42" strips, cut into

Sixty-two 2½" squares

**Fabric D** (Lattice Corner Squares) Two 2½" x 42" strips cut into twenty 2½" squares

**Accent Border** - Four 1½" x 42" strips, cut into

Two 1½" x 36" strips

Two 1½" x 31" strips

Two 1½" x 7" strips

**Wide Border** - Four 3½" x 42" strips, cut into

Two 3½" x 36" strips

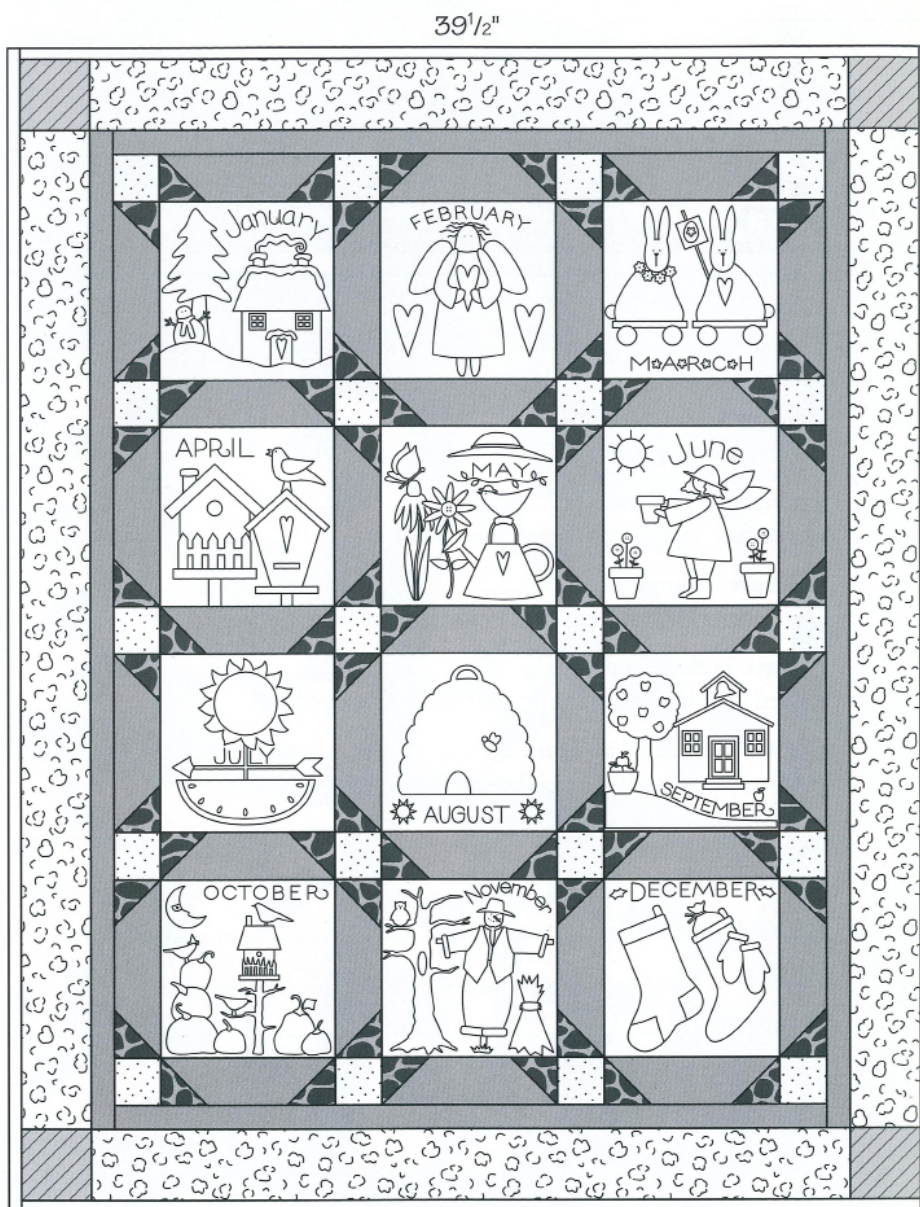
Two 3½" x 33" strips

Two 3½" x 7" strips

**Corner Squares** - Four 3½" squares

**Binding** - Five 2¾" x 42" strips, cut one into

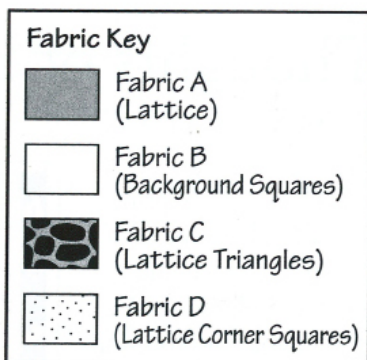
Two 2¾" x 21" strips



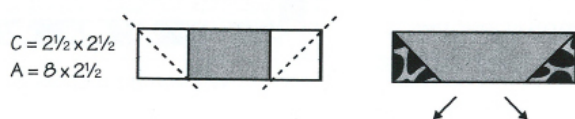
Quilt Layout

## Lattice

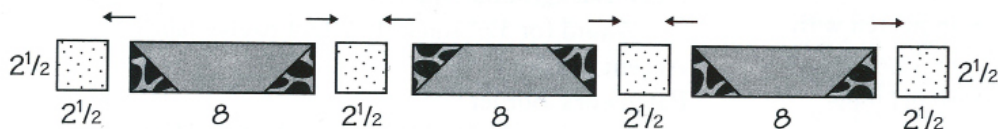
Refer to Quick Corner Triangle directions on page 3. Use the assembly line method to make enough of the same corner triangle units for all lattice pieces. Position pieces right sides together and line up all sets next to your sewing machine. Stitch first set together, then continue sewing without breaking your thread. Cut threads, trim, and press following direction of arrows in diagrams.



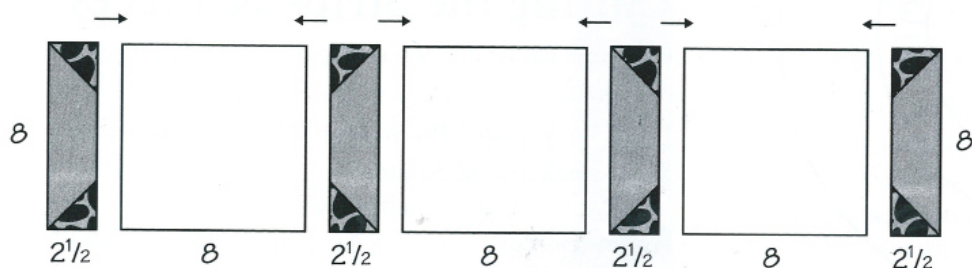
1. Sew two  $2\frac{1}{2}$ " Fabric C squares to each of thirty-one  $8" \times 2\frac{1}{2}"$  Fabric A strips. Press.



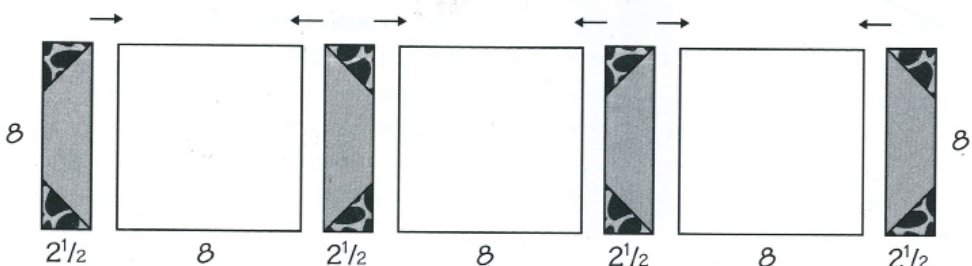
2. Using  $\frac{1}{4}"$  seams, sew four  $2\frac{1}{2}"$  Fabric D squares and three corner triangle units from step 1 together as shown. Repeat to make five rows of lattice. Press.



3. Refer to quilt layout on page 1 to arrange twelve  $8"$  Fabric B squares, five rows from step 2, and sixteen corner triangle units from step 1. Pay close attention to placement of corner triangle units. Keep track of layout as you sew.
4. For rows 1 and 3, sew corner triangle units and Fabric B squares together as shown. Press.



5. For rows 2 and 4, sew corner triangle units and Fabric B squares together as shown. Press.



6. Sew five rows of lattice and four rows of blocks together as shown in quilt layout on page 1. Press seams toward blocks. Quilt top will now measure  $31" \times 40\frac{1}{2}"$ .

## Borders

1. Sew  $1\frac{1}{2}" \times 31"$  accent border strips to top and bottom. Press seams toward accent border.
2. Sew  $1\frac{1}{2}" \times 36"$  and  $1\frac{1}{2}" \times 7"$  accent border strips together in pairs to make two  $1\frac{1}{2}" \times 42\frac{1}{2}"$  strips. Sew to sides and press.
3. Sew  $3\frac{1}{2}" \times 33"$  wide border strips to top and bottom. Press seams toward wide border.
4. Sew  $3\frac{1}{2}" \times 36"$  and  $3\frac{1}{2}" \times 7"$  wide border strips together in pairs to make two  $3\frac{1}{2}" \times 42\frac{1}{2}"$  strips.
5. Sew  $3\frac{1}{2}"$  corner squares to each end of two wide border strips from step 4. Press seams toward wide border. Pin and sew to sides. Press. **Hint:** Alternate placement of seams in side borders for a more finished look.

## Quick-Fuse Appliqué

1. Refer to Quick-Fuse Appliqué directions on page 4. Trace twelve large appliqué designs from pages 6-15.
2. Quick-fuse designs to corresponding background squares, referring to quilt layout on page 1 and front cover photo for placement. Be sure to allow space for embroidered lettering.

**Positioning Tip:** We found it helpful to use the Appliqué Pressing Sheet™ by Bear Thread Designs to easily position designs. To use the Appliqué Pressing Sheet™, trace appliqué designs on a plain sheet of paper; then re-trace them onto the back of that paper. Use this reversed image as a guide for positioning and fusing.

3. Use permanent felt pen to draw faces. Add rosy cheeks to February angel with red pencil.

# General Directions

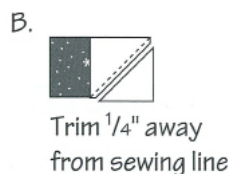
## Quick Corner Triangles

Quick corner triangles are formed by simply sewing fabric squares to other squares and rectangles. The directions and diagrams with each project show you what size pieces to use and where to place square on corresponding piece. See fabric key with each project for fabric identification. Follow steps 1–3 below to make corner triangle units.

1. With a pencil, draw diagonal line from corner to corner on wrong side of fabric square that will form the triangle. See Diagram A. This will be your sewing line.



2. With right sides together, place square on corresponding piece. Matching raw edges, pin in place and sew on drawn diagonal line.

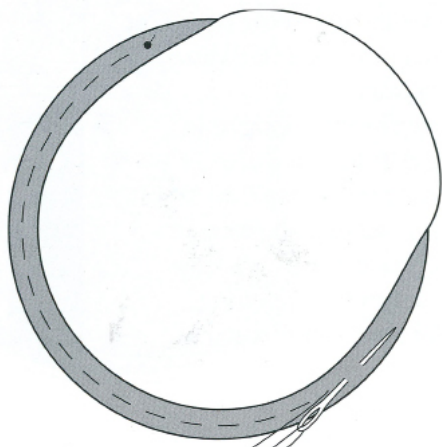


3. Press seam in direction of arrow as shown in step-by-step project diagram. Trim off excess fabric leaving 1/4" seam allowance as shown in Diagram B. Measure completed corner triangle unit to ensure greatest accuracy.



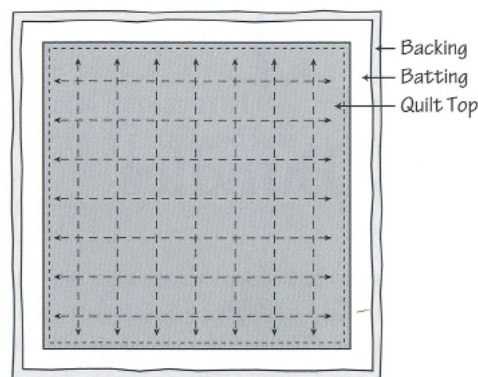
## Making Yo-yos

1. Make template of desired size yo-yo. Trace around template on wrong side of fabric and cut out on drawn line.
2. Thread needle and make a double knot at one end. Turning in a 1/8"–1/4" seam allowance as you go, sew running stitches close to folded edge. Stitches should be 1/8"–3/16" long.
3. When you reach your beginning point, gather stitches tightly to close circle. Smooth and flatten yo-yo so hole is in center. Knot and cut off excess gathering thread. **Hint:** If center hole of yo-yo is too big, try making larger stitches.



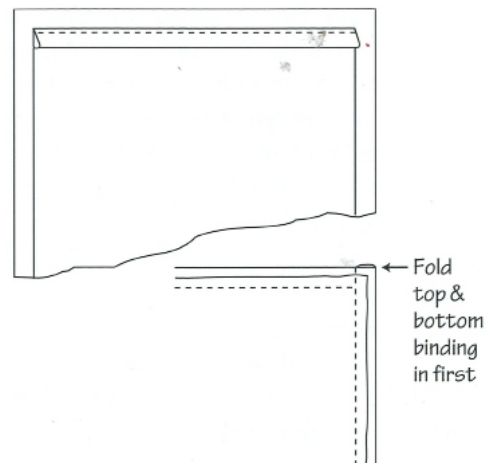
## Layering the Quilt

1. Cut backing and batting pieces 4"–6" larger than quilt top.
2. Lay pressed backing on bottom (right side down), batting in the middle, and pressed quilt top on top. Make sure everything is centered and that backing and batting are flat. Backing and batting should extend 2"–3" beyond quilt top.
3. Begin basting in center and work toward outer edges. Baste vertically and horizontally, forming a 3"–4" grid. Baste or pin completely around edge of quilt top. Trim batting and backing to 1/4" from raw edge of quilt top.



## Binding the Quilt

1. Fold and press binding strips in half lengthwise with wrong sides together.
2. With raw edges even, lay binding strips on top and bottom edges of quilt top. Sew through all layers, 1/4" from quilt edge. Press binding away from quilt top. Trim excess length of binding.
3. Sew remaining two binding strips to quilt sides. Press and trim excess length.
4. Folding top and bottom first, fold binding around to back. Press and pin in position. Hand stitch binding in place.

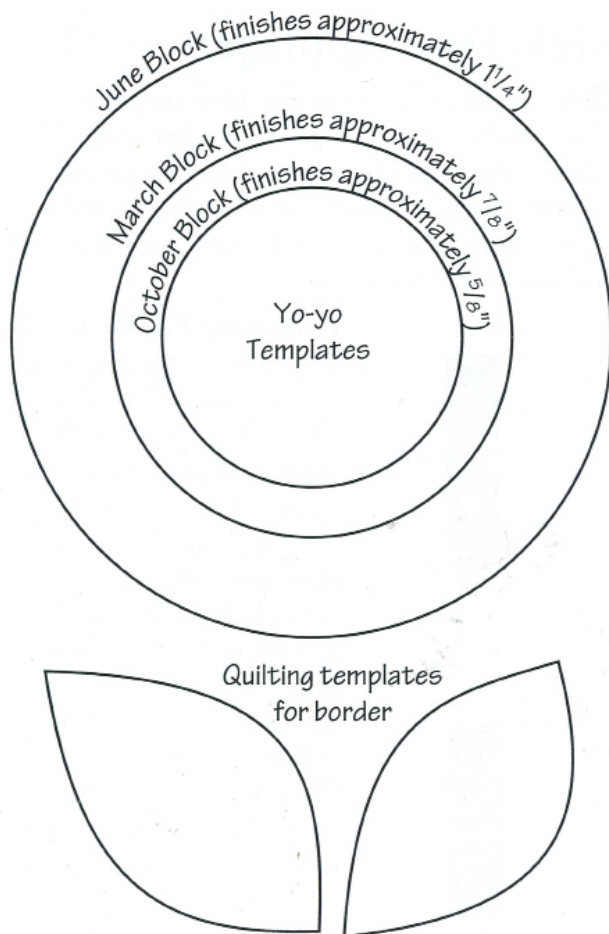


## Embroidery

1. Trace lettering for each month from large appliqué designs on pages 6-15 onto background squares. Refer to quilt layout on page 1 or cover photo for placement.
2. Refer to Embroidery Stitch Guide on page 5. Use three strands of embroidery floss to stem stitch lettering. Add embroidered details to blocks as indicated with appliqué designs.

## Layering & Finishing

1. Arrange and baste backing, batting, and top together referring to Layering the Quilt directions on page 3.
2. Machine or hand quilt in seam lines around blocks, triangles, borders, and corner squares. Outline appliqué designs by quilting  $\frac{1}{16}$ " away from edges. Quilt vine and leaves in border using leaf templates below.
3. Sew two  $2\frac{1}{4}$ " x 21" and two  $2\frac{1}{4}$ " x 42" binding strips together in pairs to make two  $2\frac{1}{4}$ " x 63" strips. Using two  $2\frac{1}{4}$ " x 42" strips for top and bottom, and two  $2\frac{1}{4}$ " x 63" strips for sides, refer to Binding the Quilt directions on page 3.
4. Refer to Making Yo-yos on page 3. Make yo-yos for March, June, and October blocks as indicated with appliqué designs. Sew yo-yos to blocks. Sew buttons to May and June blocks as indicated with appliqué designs.

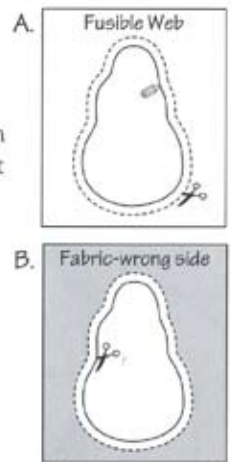


## General Directions

### Quick-Fuse Appliqué

Quick-fuse appliqué is a method of adhering appliqué pieces to a background with fusible web. For quick and easy results, simply quick-fuse appliqué pieces in place. Use a non-sewable, heavyweight fusible web such as *HeatnBond Ultrahold*. For some projects, finishing edges of the appliqué pieces with a hand or machine stitch may be desired. Use a sewable, lightweight fusible web, such as *HeatnBond Lite*, for these projects. Laundering is not recommended unless the edges are finished.

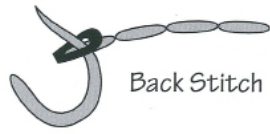
1. With paper side up, lay fusible web over appliqué design. Leaving  $\frac{1}{2}$ " space between pieces, trace all elements of design. Cut around traced pieces, approximately  $\frac{1}{4}$ " outside tracing line. See Diagram A.
2. With paper side up, position and iron fusible web to wrong side of selected fabrics. Follow manufacturer's directions for iron temperature and fusing time. Cut out each piece on traced line. See Diagram B.
3. Remove paper backing from pieces. A thin film will remain on the wrong side. Position and fuse all pieces of one appliqué design at a time onto background, referring to color photo for placement.



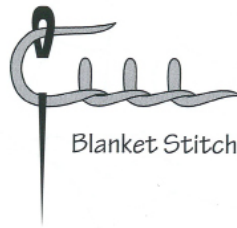
# Embroidery Stitch Guide



French Knot



Back Stitch



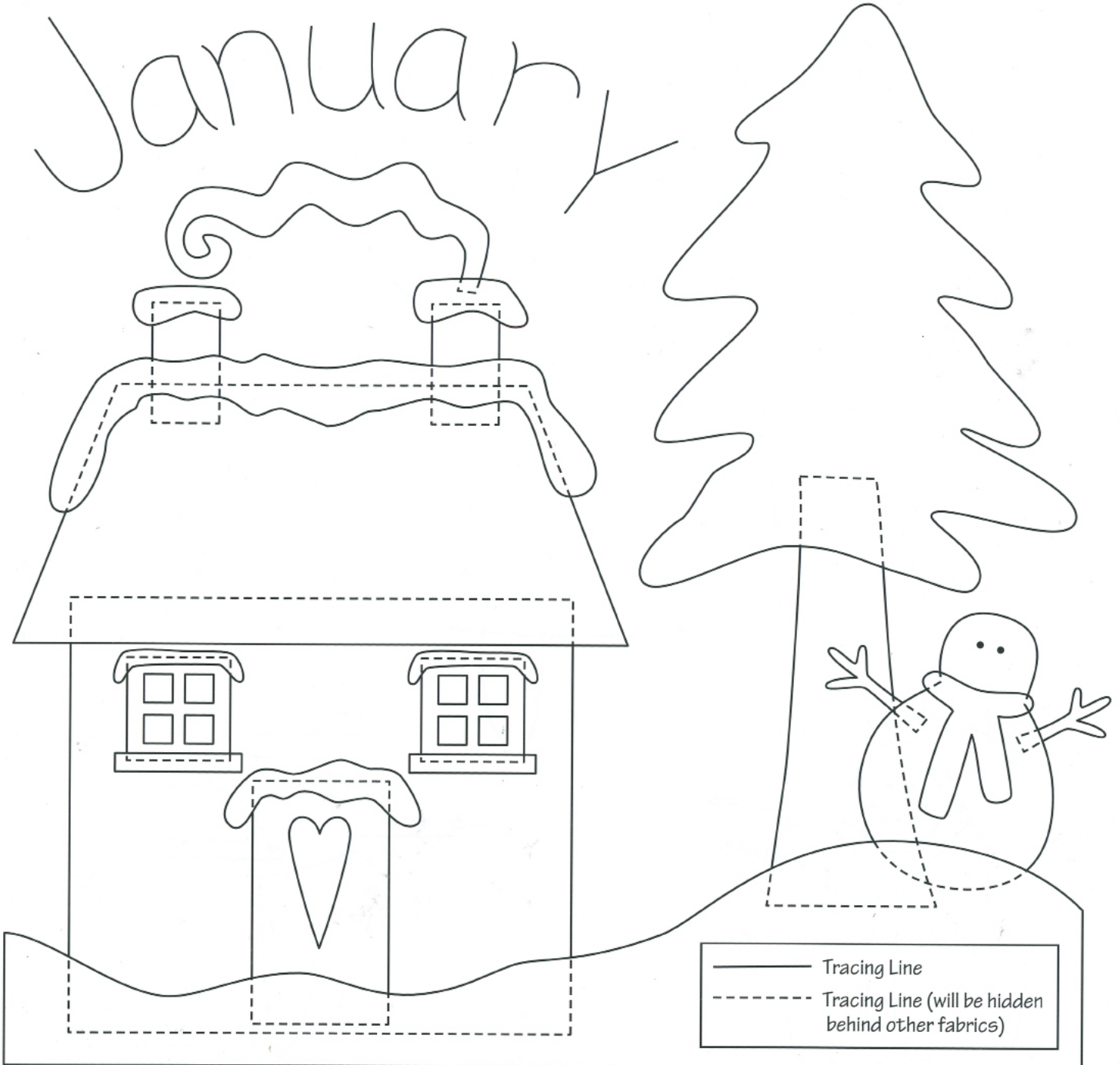
Blanket Stitch



Lazy Daisy Stitch

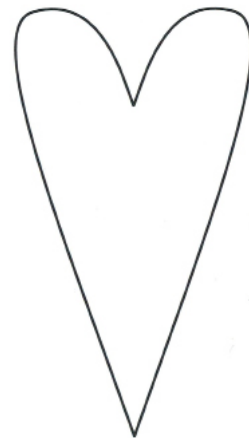
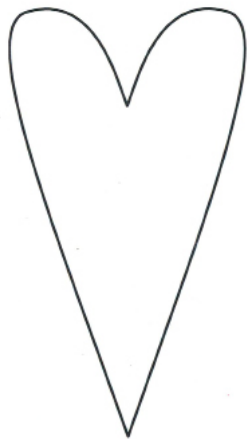
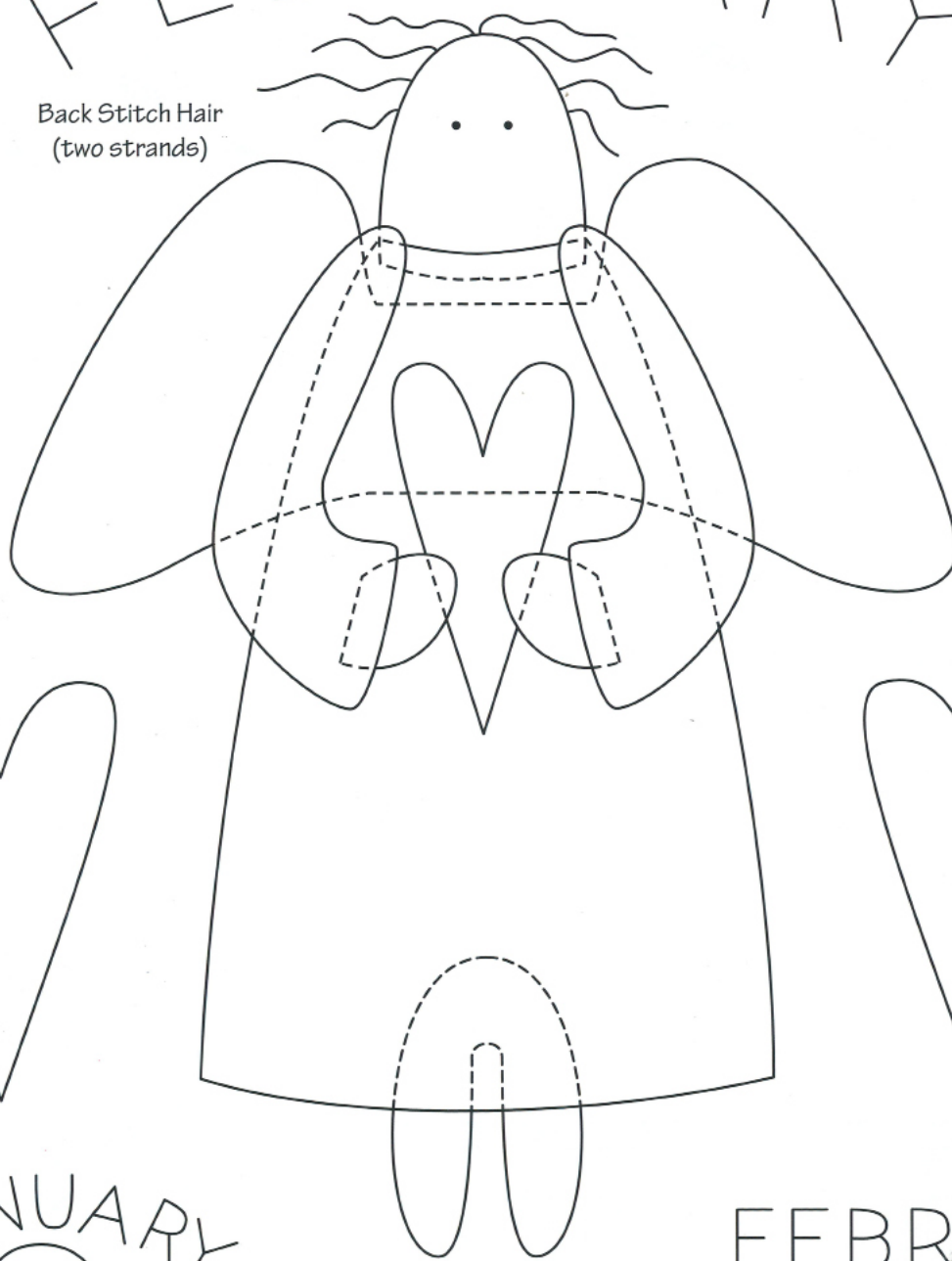


Stem Stitch



# FEBRUARY

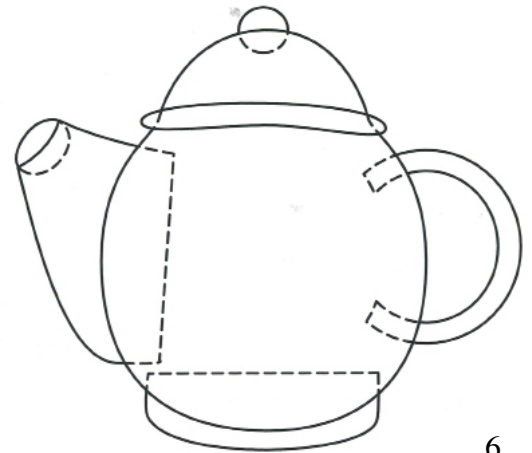
Back Stitch Hair  
(two strands)



# JANUARY

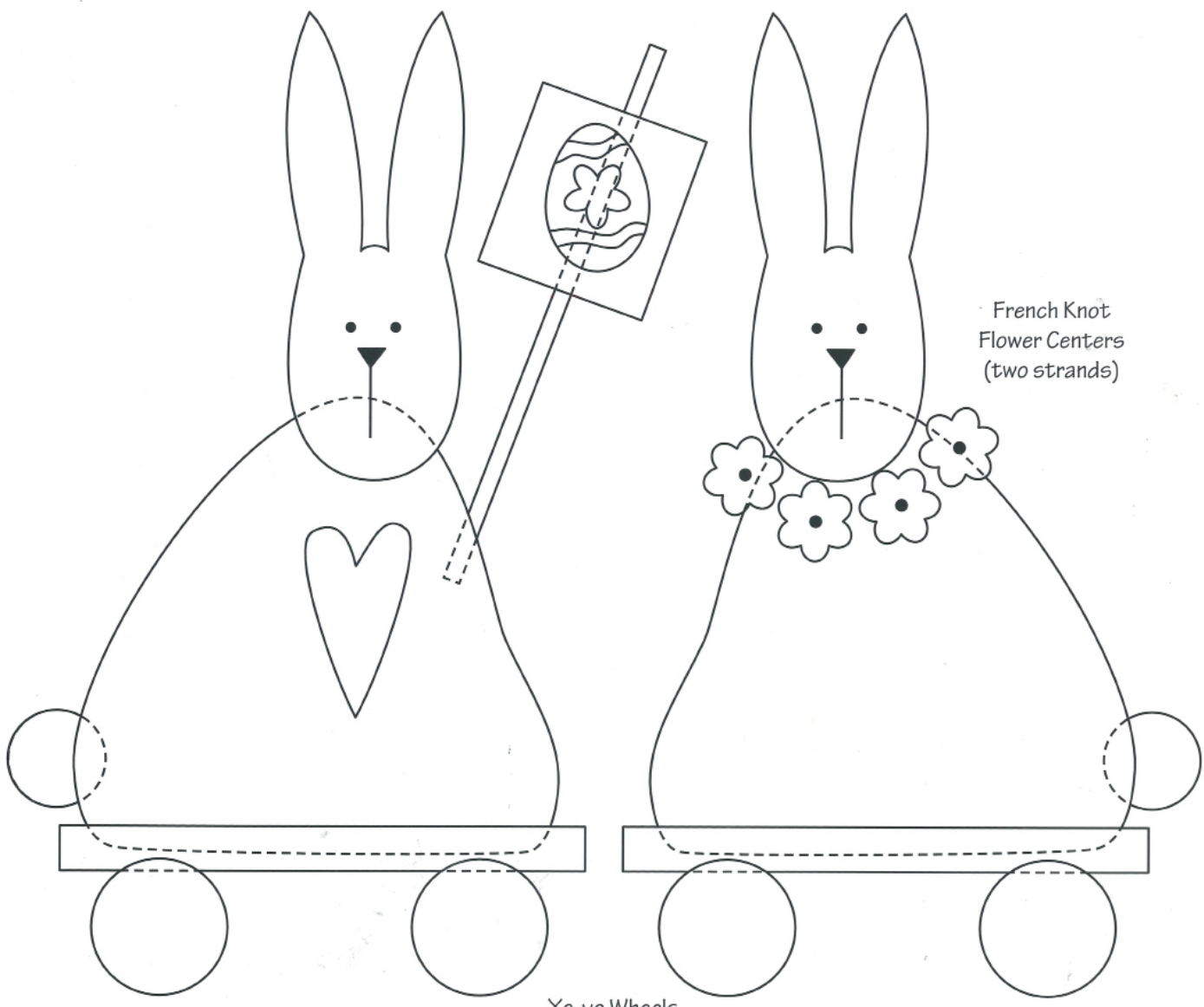
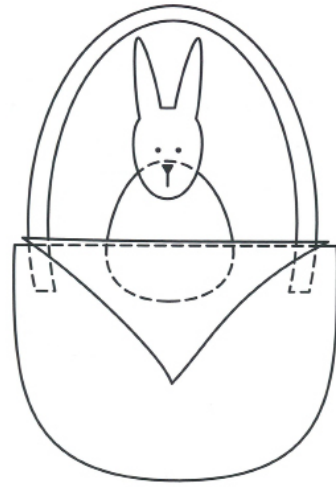


# FEBRUARY



# MARCH

— Tracing Line  
- - - Tracing Line (will be hidden behind other fabrics)



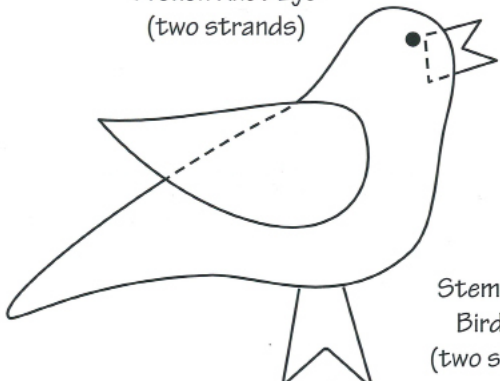
French Knot  
Flower Centers  
(two strands)

Yo-yo Wheels

M \* A \* R \* C \* H

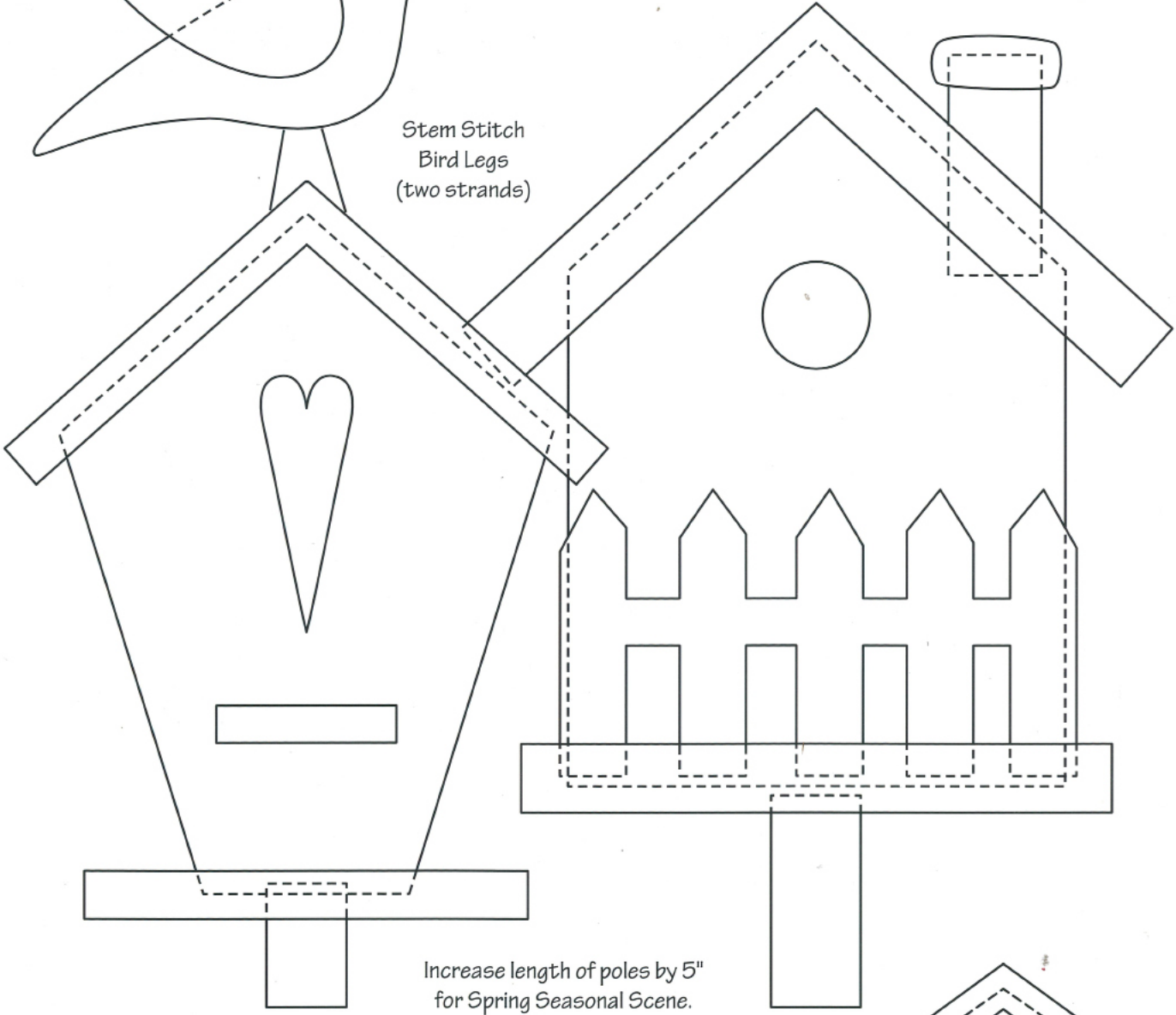


French Knot Eye  
(two strands)



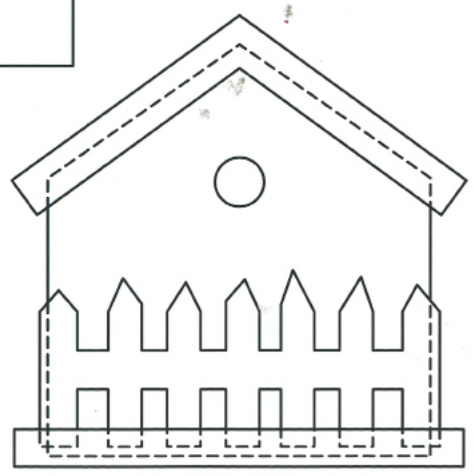
Stem Stitch  
Bird Legs  
(two strands)

# APRIL



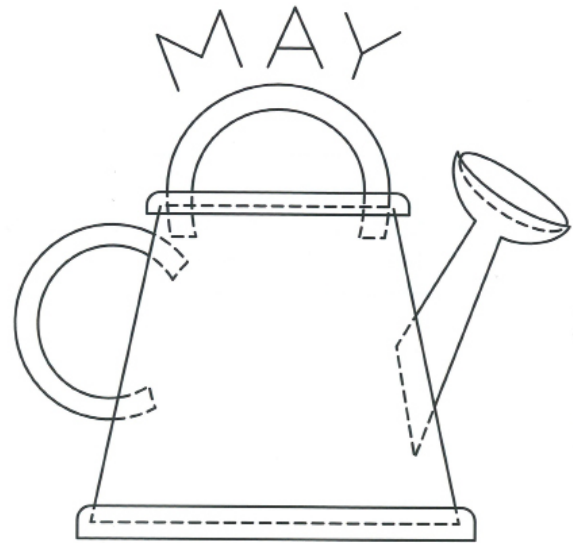
Increase length of poles by 5"  
for Spring Seasonal Scene.

	Tracing Line
	Tracing Line (will be hidden behind other fabrics)

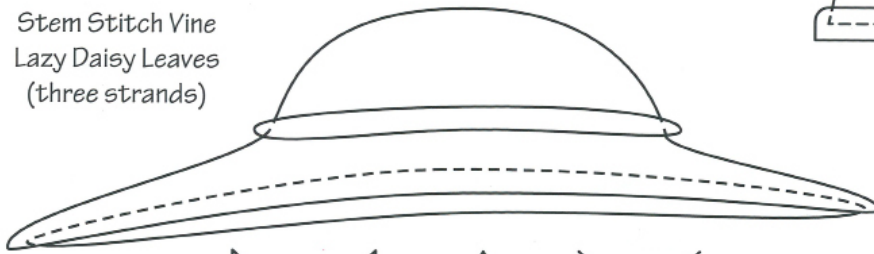


# APRIL

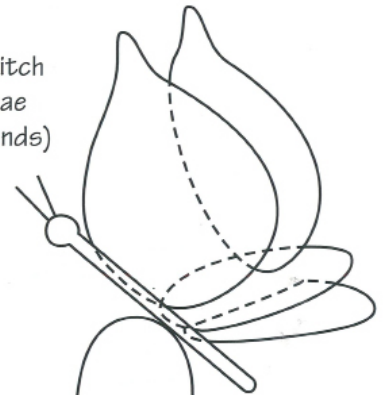
**Positioning Tip:** We found it helpful to use the Appliqué Pressing Sheet™ by Bear Thread Designs to easily position designs. To use the Appliqué Pressing Sheet™, trace appliqué designs on a plain sheet of paper; then re-trace them onto the back of that paper. Use this reversed image as a guide for positioning and fusing. See page 7 for ordering information.



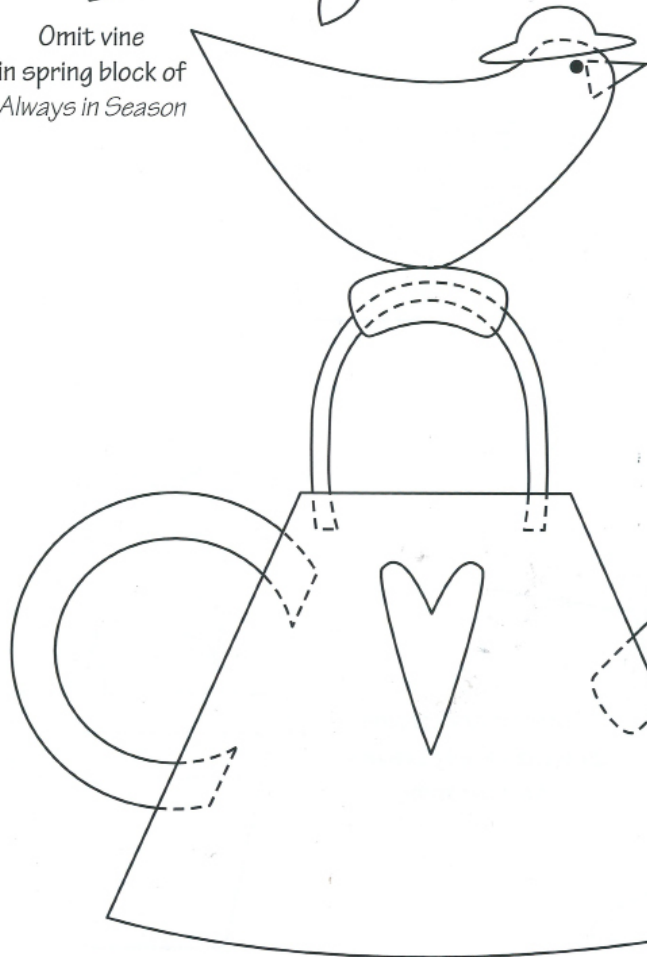
Stem Stitch Vine  
Lazy Daisy Leaves  
(three strands)



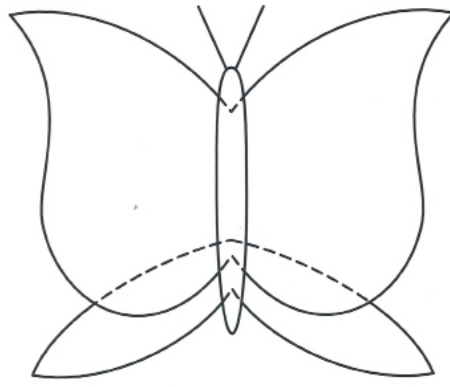
Stem Stitch  
Antennae  
(two strands)



Omit vine  
in spring block of  
*Always in Season*

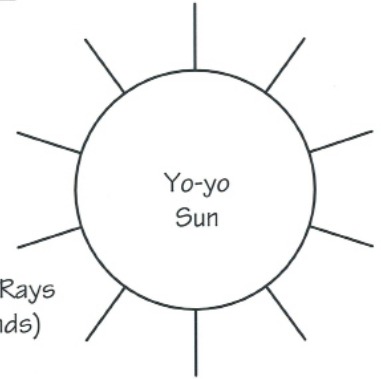


— Tracing Line  
- - - Tracing Line (will be hidden behind other fabrics)

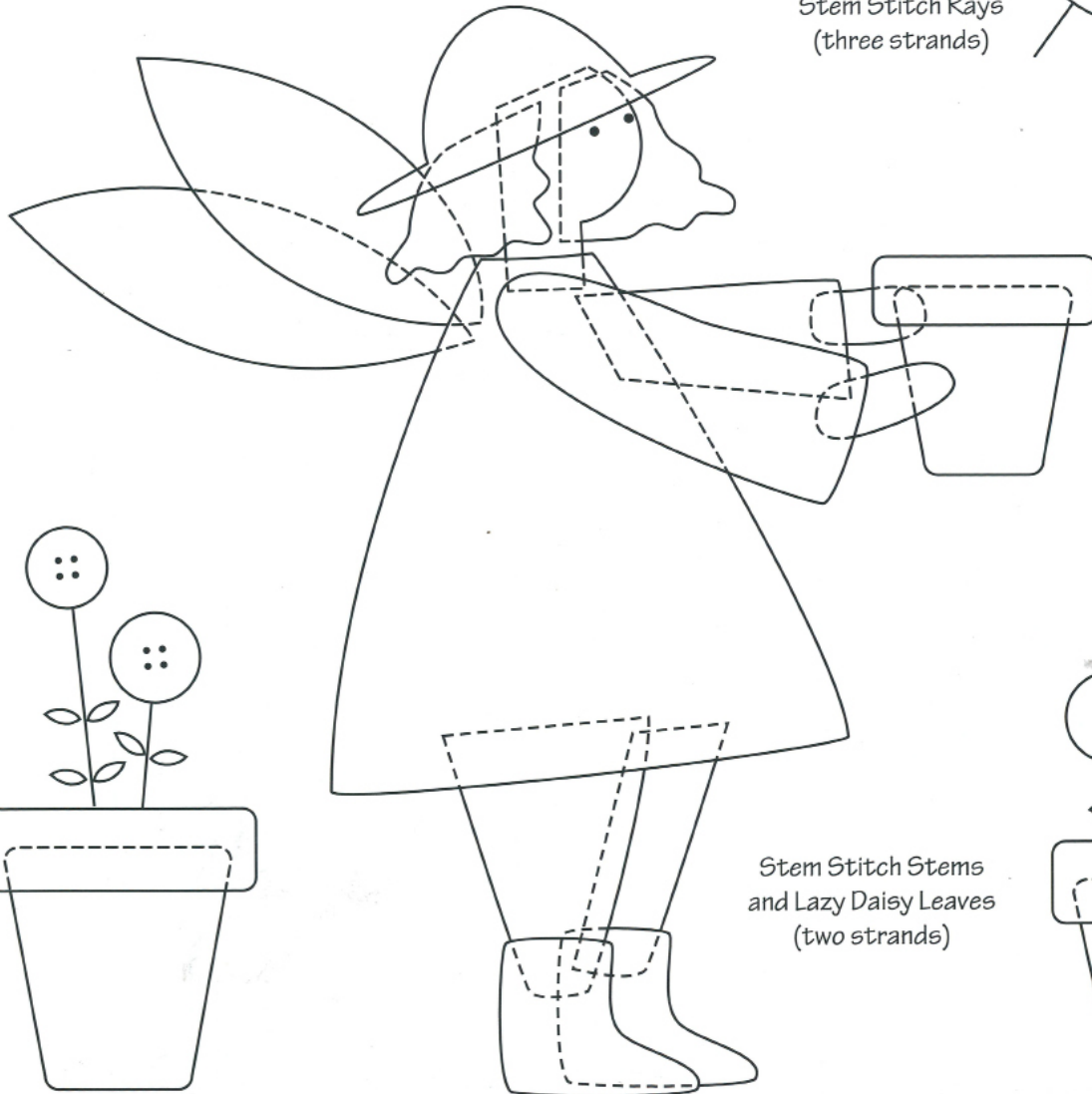


JUNE

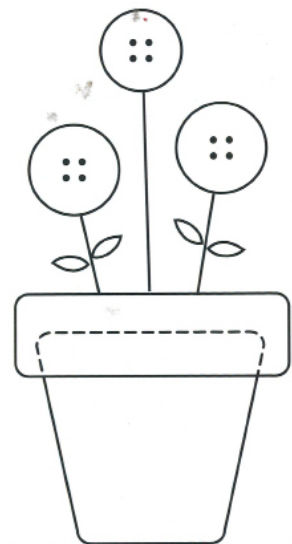
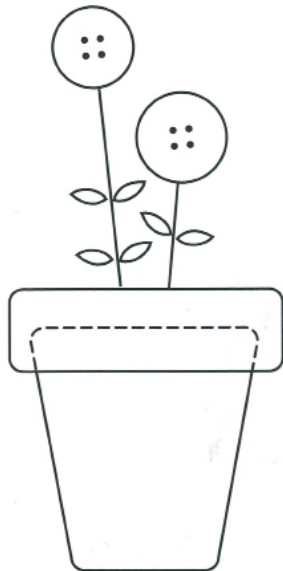
JUNE

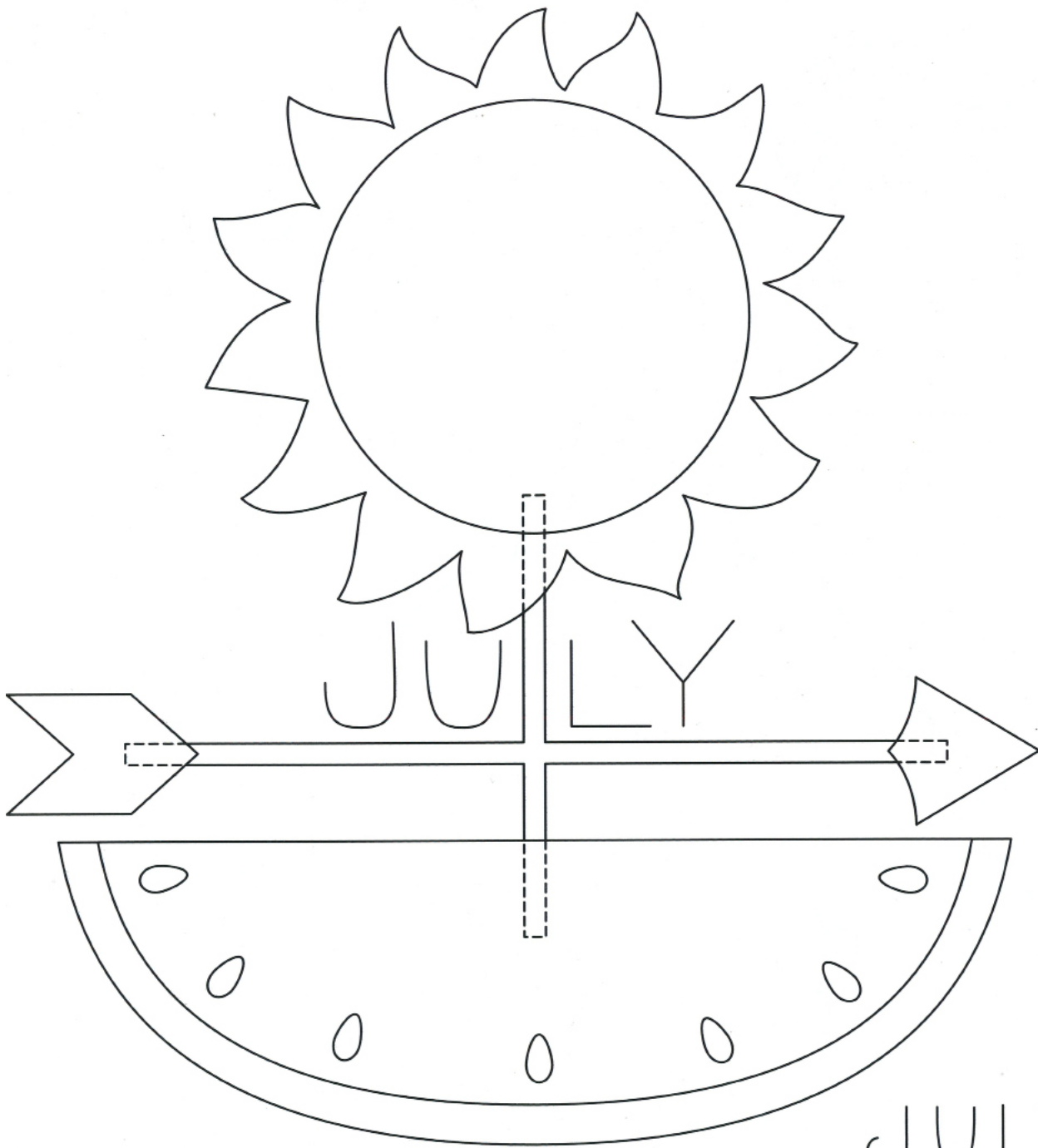


Stem Stitch Rays  
(three strands)





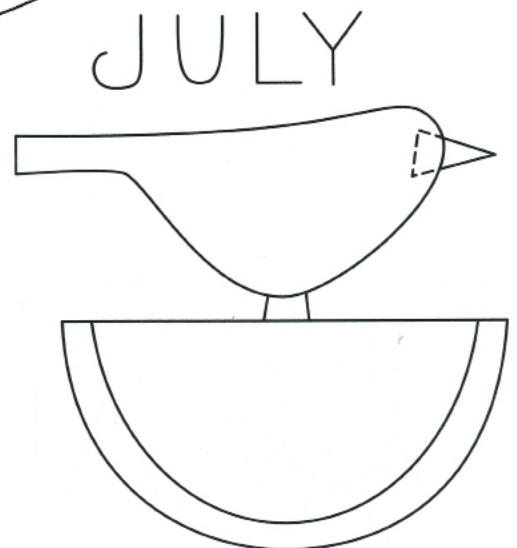
Stem Stitch Stems  
and Lazy Daisy Leaves  
(two strands)



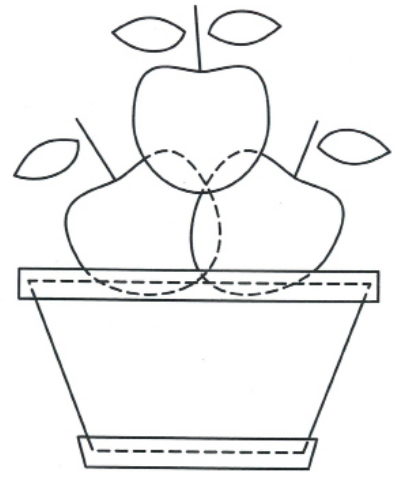
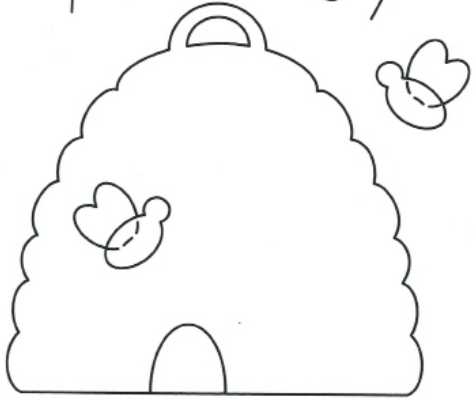


Add 6" to bottom end of weathervane pole for Summer Seasonal Scene.

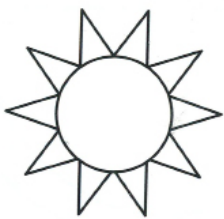
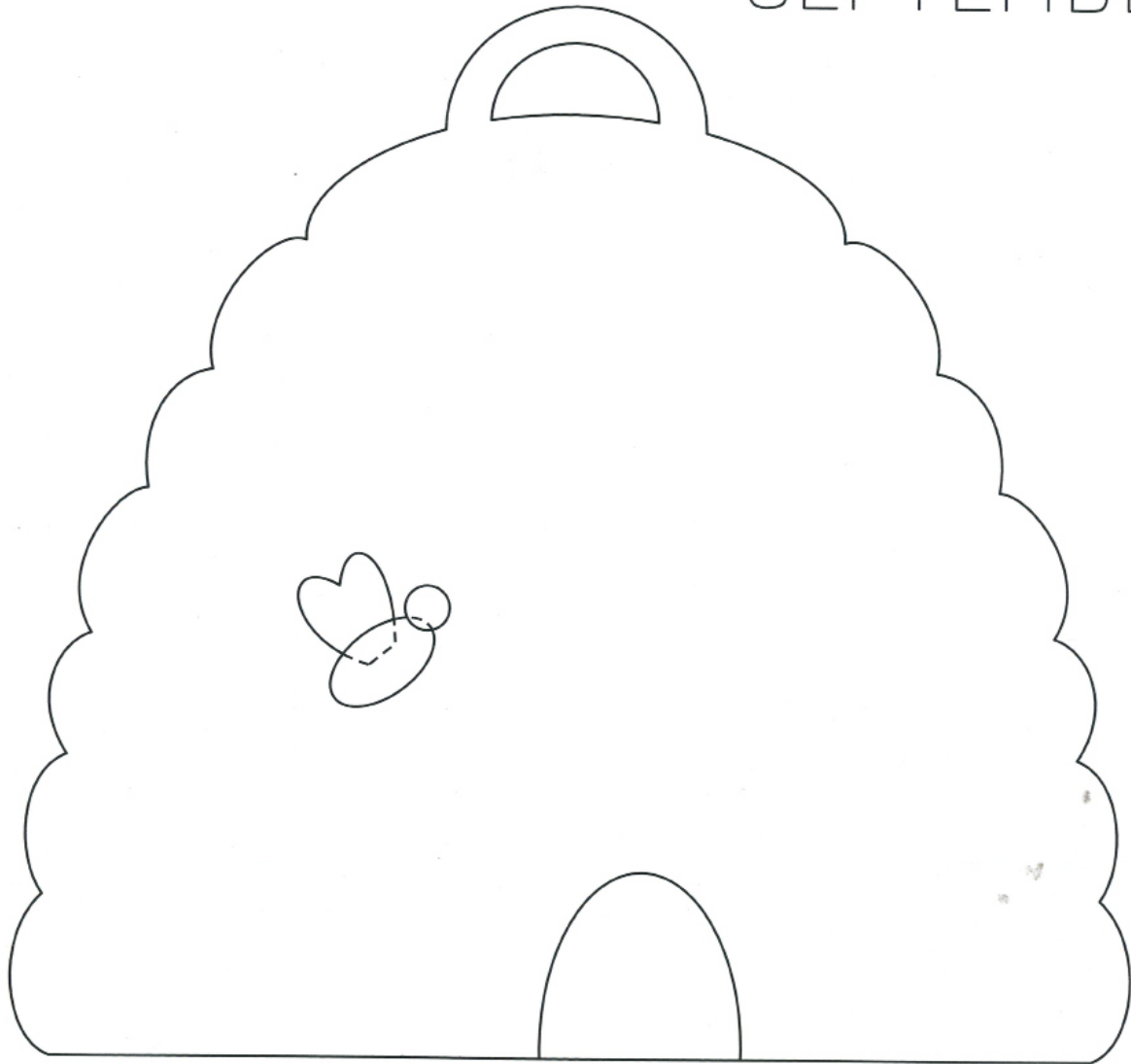
	Tracing Line
	Tracing Line (will be hidden behind other fabrics)



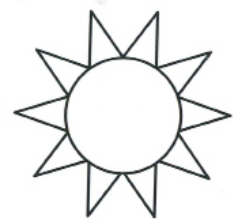
AUGUST



SEPTEMBER

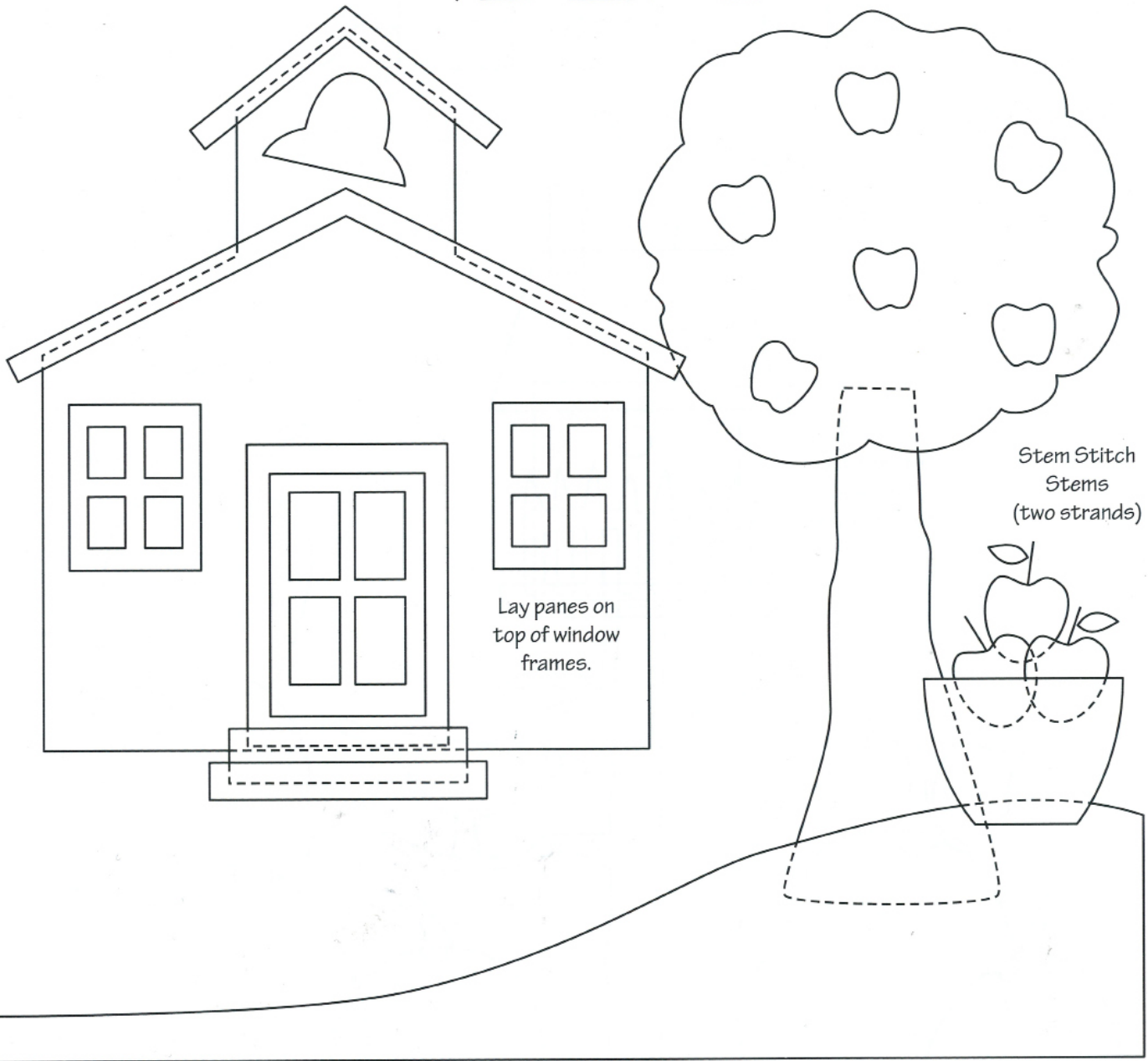


AUGUST



— Tracing Line  
- - - Tracing Line (will be hidden behind other fabrics)

SEPTEMBER

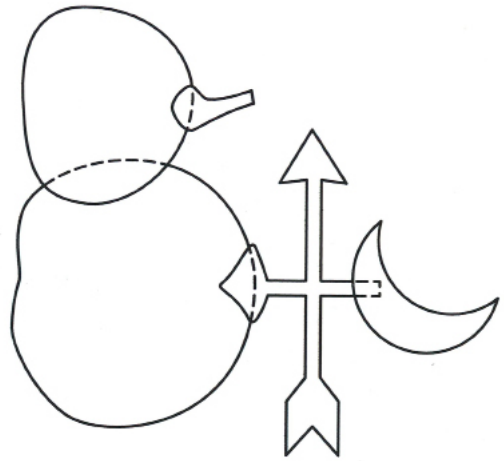


Lay panes on top of window frames.

Stem Stitch Stems (two strands)

# OCTOBER

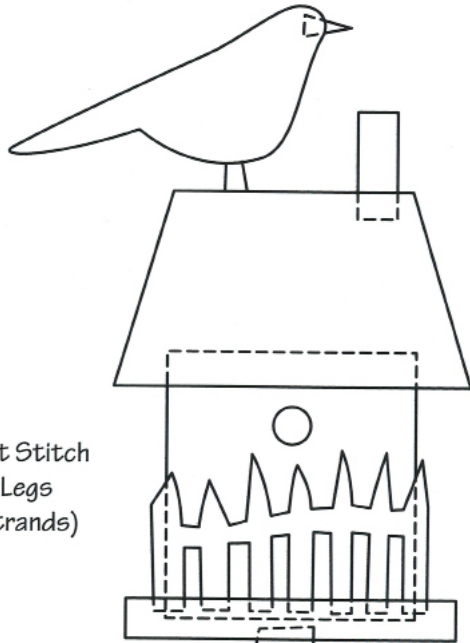
Position lettering diagonally on small block. See color photo on back cover.



# OCTOBER

Running Stitch  
Around Yo-yo "O"  
(two strands)

Draw line  
behind mask  
with felt pen.



Straight Stitch  
Bird Legs  
(two strands)



# November

Make whites of owl eyes with a dot of white acrylic paint. Let dry, then make black dot with felt pen.



— Tracing Line  
- - - Tracing Line (will be hidden behind other fabrics)